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edition 78 • APR 2026

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### Community Bank Lindfield Backs Critical Second Shelter for Hornsby and Ku-ring-gai

we **URGENTLY** need a second **SAFE PLACE** for Mothers and Children

Help us raise \$300,000 to make this a reality.



Sharon Franke (left) - Community Bank of Lindfield with Jennifer Anderson, OAM - Chair, Ku-ring-gai Financial Services (Community Bank of Lindfield) with Sarah Rouhan (right) - Zant Zoo

Photo: Peter Secheny Photography

#### Inside this Edition:

Mary's House Celebrates 10 Years

Ku-ring-gai High School Shines

Ku-Ring-Gai Council Volunteer Expo

Anzac Day Services

Hornsby Ku-ring-gai New Course Guide



Help us secure a **SAFE PLACE** for women and children.

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Kuringgai Shelter

Community Bank  
Lindfield  
**B** Bendigo Bank

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# Welcome to April

## Publisher's Word Tina Brown

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## ANZAC DAY *Let's Not Forget*

"At the going down of the sun and in the morning, We will remember them"

Welcome to our April edition. As the golden hues of autumn settle over the Upper North Shore, there is a distinct sense of community spirit in the air.

Our Editor Claudia Butjerevic is taking some leave and I am delighted to introduce two fresh faces to The Post family. We have officially onboarded two talented intern journalists, **Oscar Simons and Anotida Makurumidze**. They have truly hit the ground running, bringing a wonderful energy to the newsroom. You will see their contributions throughout this edition.

This month is always a poignant one as we prepare to commemorate **Anzac Day**. It is a time to pause, reflect, and honour the courage and sacrifice of those who served, ensuring their legacies continue to shape our local identity.

Speaking of community highlights, March was a whirlwind of inspiration. It was an absolute pleasure to attend several local events for International Women's Day. The stories of resilience and leadership I encountered were deeply moving, and I've shared a more personal reflection on those celebrations further along in this issue.

For those looking to expand their horizons this season, we are proud to showcase the **Hornsby Ku-ring-gai Community College** course guide for Term 2. Whether you are looking to pick up a new hobby, sharpen a professional skill, or simply meet like-minded neighbours, there is an incredible variety on offer.

Looking further ahead, it's already time to mark your calendars for a marquee event in our social and philanthropic calendar. Early bird tickets are now available for the **Lifeline Harbour to Hawkesbury Sydney Gala Ball**, which will be held in August. This is always a spectacular evening that supports the vital, life-saving work Lifeline performs in our region.

Finally, I am thrilled to announce the launch of our newest publication dedicated entirely to **Aged Care and Disability**. This specialized guide will be hitting the community in the second week of April. It is a project close to our hearts, designed to provide essential resources and support for families navigating these sectors.

As we head into the break, I wish you all a very safe school holiday period and a wonderful Easter filled with quality family time.

*Tina*

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WHERE TO  
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### Hornsby

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Hornsby

### Hornsby Heights

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Pennant Hills  
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Epping North

### Willoughby

Chatswood  
**Ku-ring-gai**

### Turrumurra

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# When Silence is Broken, the Scales Begin to Balance

## *An International Women's Day Event*

by TINA BROWN

On Friday 6th March I sat at a table hosted by the wonderful team at Community Bank Lindfield, attending the International Women's Day event for the **Hornsby Ku-ring-gai Women's Shelter (HKWS)**.

While the atmosphere was one of celebration, the message was one of profound truth.

The HKWS are on a mission to purchase a second shelter, \$300,000 is needed to secure a second safe place for mothers and children.

**Brady Marc's Buyers Advisory** have been supporting the Shelter in their search and attended the event.

This year's theme, 'Balancing the Scales,' was brought to life by guest speaker **Sarah Monahan** (pictured below). Like many of you, I remember watching Sarah every week on Hey Dad! but on Friday, she wasn't the child star we grew up with. She was a survivor and a trailblazer.

Sarah shared her journey from childhood trauma to the bright lights of a TV set, where she eventually realized that **"behind the scenes,"** speaking up felt more dangerous than staying silent. Her story reminded us that:

- **Abuse thrives in the dark.** It depends on victims feeling they have no choice but to stay quiet.
- **Safety is the foundation of healing.** Sarah spoke of the sanctuary she found with her grandparents intermittently; a reminder of why the work of the Women's Shelter is so vital.
- **Breaking the cycle takes courage.** Sarah was one of the first voices in what we now know as the 'Me Too' movement, forging a path for others to speak their truths.



**IWD Event, attendees hosted by Community Bank of Lindfield picture above.**

L to R seated: Alex Lenane, Julie Fidler, Jennifer Anderson OAM, Helen Jarvis. Standing: Helen Thompson, Sarah Rouhan, Sharon Franke, Tina Brown, Kristyn Haywood at Roseville Golf Club.

**"Balancing the Scales"** is about more than just numbers, it's about justice, safety, and the courage to create change.

There has been a **staggering 86% increase in unmet demand for HKWS services** in one year and nearly three in four people seeking shelter unable to secure accommodation in 2025. Sadly domestic and family violence is the leading reason women seek shelter.

A huge thank you to Community Bank Lindfield for the invitation. It was an honour to sit at your table and witness such a brave testament to the power of the female voice.

**In a incredible show of local support,** the bank also launched a partnership initiative at the event, pledging to **match donations throughout March up to a total of \$150,000.**

It is a testament to their unwavering commitment to returning profits to the heart of our community.

It's also wonderful to see the HKWS supported by students from students

from Pymble Ladies College and Barker College. **Sienna Melton, a year 11 student from PLC,** performed the Acknowledgement of Country at the event and spoke beautifully.



Stay ahead on **Upper North Shore news, wins and community updates.**

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Nicolette BOELE MP  
FEDERAL MEMBER FOR BRADFELD



# A Safe Place Within Reach for Local Families



In Hornsby and Ku-ring-gai, a quiet but urgent crisis is unfolding, one that is forcing some of the most vulnerable members of our community into impossible decisions.

For women experiencing domestic violence, leaving is never simple. For mothers, it can be even harder. Right now, in our local area, women with children are being forced to choose between their own safety and staying with their children, because there is nowhere they can go together.

The Hornsby Ku-ring-gai Women's Shelter has long provided a lifeline for women escaping violence. However, its current facility cannot accommodate children. This means some mothers are left with the devastating reality of either leaving their children behind or remaining in unsafe environments.

Jacquie Murray, Deputy Chair from Hornsby Ku-ring-gai Women's Shelter says the demand for support has

grown significantly.

"In 2025, we received over 200 referrals to the Shelter, which is an 86 per cent increase on the year prior," she said.

"We know we are meeting a community need, but we need to do more."

For more than a year, the Shelter has been working to secure a second property, one specifically for mothers and their children. On several occasions, they have come close, only to fall short at auction by around \$300,000.

Now, a renewed push is underway. The SAFE PLACE Appeal, launched in partnership with Community Bank Lindfield, is aiming to close that gap and secure a dedicated home where families can stay together while they rebuild their lives.

Community Bank Lindfield Chair Jennifer Anderson OAM said the decision to support the appeal was a natural extension of the bank's role in the community.

"As a community bank, we exist to support the people and organisations that make our region stronger," Mrs Anderson said.

"We have seen firsthand the impact the Shelter has had over the past

decade, and we know this next step will make an enormous difference for local families who need support at their most vulnerable time."

If successful, the new property would provide up to four families at a time with a safe place to stay for up to three months. It would offer not just a roof over their heads, but the chance to begin again in a secure and supportive environment.

Importantly, Community Bank Lindfield has committed to match every donation, dollar for dollar, up to \$150,000, effectively doubling the impact of community contributions.

The Shelter has spent the past decade quietly transforming lives. Five years ago, the community came together to help secure its first property. Now, the need has evolved, and the opportunity to respond is clear.

With \$300,000 still needed to secure the second home, the appeal is a call for the community to once again come together and make a tangible difference.

Donations can be made at <https://hkws-safe-place-appeal-2026.raise-lysite.com> or by scanning the QR code at the top of this page.



# A Decade of Sanctuary: When a Community Chooses Hope

## Mary's House Celebrates 10 Years

by TINA BROWN

In late February, I had the pleasure of attending a sold-out milestone for Mary's House: the tenth anniversary of **'Hope Lives Here.'**

This inaugural gathering marked a decade of extraordinary community action, bringing together over 400 guests and 50 volunteers.

The room was filled with a shared sense of optimism, attended by local politicians, community leaders, and passionate residents all united by a single conviction: that **safety is a right, not a privilege.**

While the event was a resounding success in both attendance and funds raised, the true impact was the powerful

collective statement made by those in the room: **No to domestic violence; Yes to hope, safety, and equality.**

Domestic and family violence remains a defining national crisis. In NSW, police respond to a domestic violence call every three minutes, consuming 60% of their resources.

Disturbingly, we know that over half of all incidents still go unreported.

Long before this was declared a national emergency, our community stepped up. Since 2016, Mary's House has provided over 16,500 safe room nights. Operating without government funding for a local refuge, they rely entirely on the generosity of individuals, businesses, and philanthropists.

For a decade, while government funding for a local women's refuge remained absent, this community stepped in to ensure those escaping violence had a sanctuary.

'Hope Lives Here' is more than just an event title; it is the living heart of Mary's House and a testament to what we can achieve together.

Thank you to the Community Bank of Linfield for extending an invitation for my seat at the table.

Mary's House Services remains a vital sanctuary for victim-survivors fleeing to Sydney's North, as well as those seeking safety from within our own region. It is here that crisis meets community, and where hope truly finds a home.



**Mary's House Luncheon:** left to right: Tina Brown, Christine Kaye - Mayor of Ku-ring-gai, Kristyn Haywood and Adrienne McLean - President of Ku-ring-gai Chamber of Commerce.



**Mary's House Luncheon:** Above Mary's House volunteers ready to work.



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# NSW Young Woman of the Year

## Milli Weaver

At 24, Milli Weaver was in a hospital bed recovering from surgery, frustrated by the lack of support for young people with endometriosis. Three years later, that hospital-room project has seen her named the 2026 NSW Young Woman of the Year.

Now a 27-year-old solicitor, Milli was honored for founding the Australian Endometriosis Foundation (AEF).

What began in 2023 as a peer-support initiative has grown into a national charity with over 1,600 members. Under Milli's leadership, the AEF launched Australia's first Endometriosis Youth Summit and a vital hospital care-pack program.

"Young women deserve more than just a pamphlet; they need a community that validates their pain," Milli says. Her advocacy comes at a critical time,

with the condition now affecting 1 in 7 Australian women.

Milli's leadership has also been instrumental on a federal level. She has become a key consultant on the impact of the government's \$49.1 million endometriosis funding package, specifically pushing for improved mental health access for patients in rural and remote areas. By balancing her demanding career as a solicitor with her role as a national advocate, Milli embodies the spirit of the NSW Women of the Year Awards. Her story is a powerful reminder that lived experience is often the most effective tool for systemic change, turning a personal diagnosis into a national movement for 1 in 7 Australian women.

Despite the Foundation's rapid growth, it remains a volunteer-run



non-profit. Milli continues to balance her legal career with national advocacy, pushing for better mental health access and advising on federal funding. Her award, falling in Endometriosis Awareness Month, is a testament to the power of turning personal hardship into a lifeline for others.

## Pacific Berowra Christian School

### *Where Every Child is Known and Encouraged to Thrive*

**Pacific Berowra Christian School** has been serving the local and surrounding community for nearly 40 years.

Throughout this time, our heart has remained the same: **every child is valued, cared for, and encouraged to grow into the incredible person God created them to be.** Our dedicated and passionate teachers are committed

to providing high quality education that nurtures both character and curiosity.

**Learning at Pacific Berowra is vibrant and engaging.** Students enjoy a rich curriculum supported by specialist teachers in Art, STEM, Music, Physical Education, and Mandarin, giving them **opportunities to explore their creativity, develop new skills, and discover their God given**

**strengths.**

We deeply value the strong relationships between staff, students, and families. Our school is known for being warm, welcoming, and genuinely invested in each child's wellbeing and growth.

Together, we create a community where **children feel safe, supported, and excited to learn each day.**



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### Preparing your child for Kindergarten

Introducing **Play and Learn (PAL)** our new School Readiness Program. Open to all children, aged 4-5 years, who will be starting school in 2027. PAL is a **free program** that prepares you and your child for Kindy, with **no obligation** to enrol at Pacific Berowra. It includes interactive activities focused on literacy and numeracy, learning through play and familiarity with the schooling structure.

**When:** 13 May, 20 May, 27 May, 3 June, 10 June & 17 June

**Time:** 9.00am - 11.00am

**Location:** Pacific Berowra Christian School

**To register your child:** contact the School Office on 9456 2444



by  
**NICOLETTE BOELE MP**  
**FEDERAL MEMBER FOR BRADFIELD**

## Update from Your MP

I spent four out of five weeks of March in Canberra, so it's good to be back home for the whole of April! I love catching up with locals and soaking up everything there is to love about the North Shore.

In Canberra, my main focus was **energy security**. When **petrol prices rise and fall** with overseas conflicts, it shows how exposed we are by relying on imported **fossil fuels**.

One issue I spoke about in Parliament is the fuel tax credit scheme — an \$11 billion annual subsidy that makes diesel cheaper for heavy off-road users like mining and agriculture. The intention may have made sense decades ago, but today it acts as a **brake on innovation**.

If taxpayers are subsidising diesel, **it's harder for industries to invest in cleaner, more reliable electric alternatives** that would **improve energy security and reduce costs**.

I also spoke about the need for better funding for domestic violence crisis centres, including **Mary's House in St Leonards**. Demand for these

services is increasing, but funding isn't keeping pace - we need **increased investment in crisis accommodation, wrap-around support, and safe housing**.

Back home, it was a pleasure to host an afternoon tea at the brigade in **North Wahroonga** to thank volunteers from the **Ku-Ring-Gai and Hornsby Rural Fire Service**. Several RFS volunteers **travelled to Victoria over the Summer** to help communities affected by **devastating bushfires**, and our community is incredibly proud of them.

Over April, I'm particularly focused on **housing affordability**. I'll be **speaking with locals who've written to me** about the challenges they're facing — from being **priced out of the area**, to **families squeezed into homes** that simply aren't designed for multiple generations, to **watching children and grandchildren move away from their support networks**. I'll be meeting with experts and community organisations as we work towards practical solutions.

Watch this space!

## Commuter Boost for Gordon and Thornleigh

Accessing public transport on the Upper North Shore is set to become significantly easier for local commuters. As part of a NSW Government initiative to ensure parking spaces are reserved for genuine public transport users, new Park&Ride facilities are being launched at Thornleigh and Gordon (Henry St South).

These upgrades are designed to solve a common frustration for locals: the struggle to find a spot in commuter car parks. Research has shown that nearly 50 per cent of people using some commuter car parks do not actually catch public transport. Since the Park&Ride program launched, that figure has shifted dramatically, with over 95 per cent of users now continuing their journey on the network.

Park&Ride provides free parking for up to 18 hours for passengers who use their Opal card, or a linked credit/debit card, for at least one trip on any mode of public transport.

To access the free parking:

- Tap on and off for your public transport trip as usual.
- At the car park exit, simply tap the same Opal card at the boom gate.
- Go Contactless: Alternatively, you can link your vehicle's number plate to a Transport Connect account. Your plate will be scanned at the exit, and the gates will open automatically.

## Payday super is coming, is your business ready?

- ✓ Are you a small business completing your own payroll?
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# 2026 ANZAC Day Commemorations

## HORNSBY

**Hornsby (Dawn Service):** 5:00 AM at the Cenotaph, High St. (Marchers form up at 4:40 AM in front of War Memorial Hall). Gunfire breakfast follows at Hornsby RSL Club.

**Berowra:** 8:30 AM at Club Berowra, 997 Pacific Highway. Community commemoration followed by traditional two-up & mateship events.

### Accessibility Tip:

Many local services are held in public parks, for those with mobility needs it's recommended to arrive at least 20 minutes early. For the Wahroonga and Turramurra services specifically, bringing a lightweight portable chair is highly recommended.

## KU-RING-GAI

**Roseville (Dawn Service):** 5:00 AM at Roseville Memorial Park, 62 Pacific Highway.

**West Pymble (Dawn Service):** 5:30 AM at Bicentennial Park, Prince of Wales Drive.

**Wahroonga:** 7:30 AM at Wahroonga Park (Cnr Illoura & Millewa Ave). *Note: limited seating.*

**Turramurra:** 9:30 AM at Turramurra Memorial Park (Cnr Eastern & Karuah Road).

**St Ives:** 10:45 AM at St Ives Village Green, Village Green Parade.

**Gordon (Commemorative Sunday):** 11:30 AM on Sunday, April 26th at St John's Anglican Church, 754 Pacific Highway.



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by **CECILIA CASTLE**  
**CASTLE LAWYERS AT ASQUITH**



## Granny Flat Agreements

Mildred was a widow who had a close and loving relationship with her children.

Due to family concerns over Mildred's age and living on her own, she sold her home and spent a substantial amount of money building a granny flat on one of her children's property. After some years, Mildred became too frail to continue to live in the granny flat. The property had also become the subject of family court proceedings due to her child's separation from their spouse.

Mildred and her child had not entered into a written agreement in relation to the granny flat. This caused concern within the family as to Mildred's future financial and personal welfare.

A granny flat agreement would have assisted Mildred with her predicament.

Granny flat agreements are designed to assist families to resolve contingencies that may arise in situations

such as Mildred's. They are best entered into before putting plans into action.

Granny flat agreements can cover things like rights of residency, financial contributions, care arrangements, ongoing costs, dispute resolution, and the all-important exit strategy.

Granny flat agreements are necessary for Centrelink compliance, tax benefits, security of tenure, and clarity around estate planning.

Each party to a granny flat agreement should receive independent advice. The same lawyer, accountant or financial advisor should not act for both the elder person and any other party, as this would create a conflict of interest.

The case of *Richardson v Lindsay* is reflective of where poorly drafted agreements can go awry. The outcome of the case was upheld on appeal, with no real winners. The elder person was left without a home, a warring family, and litigation costs impacting on her finances. It's worth a read.

## Egg-citing Easter Fun in Ku-ring-gai

Ku-ring-gai Council has unveiled a jam-packed Autumn school holiday program, offering everything from high-energy sports to creative masterclasses. Whether your child is a budding artist, a nature detective, or a gaming enthusiast, there is something across our region to suit every interest.

### Get Creative at the Art Centre

The Ku-ring-gai Art Centre in Roseville is hosting a vibrant array of workshops starting April 8. Highlights include "Pet Portraits" and "Beasts and Creatures" for the younger ones (ages 5-9), while teens can dive into "Wheel Throwing" or "Pop Art" sessions. For those who can't choose, the "Creative Explorers" all-day art sessions on April 9 and 15 offer a bit of everything.

### Adventure in the Wild

For kids who prefer the great outdoors, the Wildflower Garden in St Ives is the place to be. From April 7, children aged 6-12 can learn vital survival skills, encounter local wildlife, or join "Dinosaur Adventures." For the aspiring scientist, the "Junior Ecologist" and "Junior Keeper" programs on April 16 provide an immersive look at our local environment.

### Library Fun & Junior Golf

Our local libraries are transforming into hubs of activity with Dungeons & Dragons sessions for both kids and teens across Gordon, Turramurra, St Ives, and Lindfield. Don't miss the "Lego Spike" coding workshop at St Ives on April 17! Meanwhile, active youngsters can hit the greens with the Active Ku-ring-gai Kids golf program, offering beginner and intermediate clinics throughout the holidays.

Visit the Ku-ring-gai Council website for more details.

## Berowra Ambulance Station Upgrade

Berowra is one step closer to enhanced emergency care as designs for the district's new ambulance station reach their final stages.

Located on the Pacific Highway opposite the railway station, the site's strategic position is a game-changer for local response times across the M1, rail network, and Hawkesbury waterways.

This purpose-built facility is a significant upgrade for our frontline workers. Supporting existing stations at Wahroonga and Hawkesbury River, the hub provides paramedics with high-tech infrastructure to deliver critical care.

The new station will feature:

Internal parking for eight emergen-

cy vehicles and a wash bay.

Advanced logistics, storage, and administrative facilities.

Staff wellbeing areas, including a gym and multipurpose spaces.

Specialized training rooms for professional development.

The project is moving toward planning approval, with construction slated to begin later this year. This development is part of a broader commitment to health infrastructure, with additional stations planned for Cherrybrook and Macquarie Park. For Berowra residents, this represents a vital investment in local safety and peace of mind.



# Volunteer Expo 2026

Interested in volunteering in our community? Come along and chat with organisations about opportunities in the Upper North Shore Area. Speak to volunteers about their experiences and find a role that suits your interests and skills.



**Thursday 16 April, 11am - 2pm**  
**Gordon Library, 799 Pacific Hwy, Gordon**

More info contact Lily Li at [volunteers@krg.nsw.gov.au](mailto:volunteers@krg.nsw.gov.au)  
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# Local Schools Shine in State's Most Improved HSC List

by ANO MAKURUMIDZE

Three local public schools are celebrating after being named among NSW's most improved HSC performers, with Ku-ring-gai, Hornsby, and Asquith High Schools all recognised by the Department of Education.

The schools received letters of congratulations from Deputy Premier and Education Minister Prue Car and Education Secretary Murat Dizdar, and were selected from 452 public high schools statewide.

To earn the recognition, schools had to demonstrate consistent academic growth over seven years, an increase in students achieving higher HSC bands, and strong progress across all performance levels.

Ku-ring-gai High School Principal Stephen Plummer said the honour reflected the effort of the entire school community. "This recognition is a point of pride and validation for the hard work that our whole community has



Left to right: Stephen Plummer - Principal with 2026 school captains Rishav Ram and Naomi Alleck

put into education, along with an unrelenting focus on learning," he said. "We often say, 'you be you, but try to be the best version of yourself you can be' and our school is very much a supportive educational institution where our students are themselves."

Ku-ring-gai has adopted a school-wide approach to explicitly teaching literacy and numeracy across all subject areas and achievement levels.

Hornsby and Asquith High Schools, both of which are currently transitioning from single-sex to co-educational institutions, welcoming their first mixed cohorts in Years 7, 9, and 11

this year, were also named in the top 45 most improved schools statewide.

Asquith uses a broad range of assessment strategies to inform teaching and has students set and track personal learning goals each term. Hornsby focuses on understanding the individual learning and well-being needs of each student to ensure continuity of support.

Minister Car said the results demonstrated what teachers could achieve when given the time and resources to focus on high-impact classroom teaching.

## Hornsby Guide Dog 'Isla' Wins National People's Choice Award

Isla, a Labrador Retriever working in Hornsby, has been named the 2026 People's Choice Award winner for The Puppy Tales Australian Dog of the Year Awards.

Founded six years ago by Kerry Martin, the Awards celebrate and recognise dogs who have brought comfort, restored independence, and make a difference in the lives of others.

As the People's Choice Award winner, the public voted for Isla, meaning her story touched and inspired not just a judging panel, but Australia.

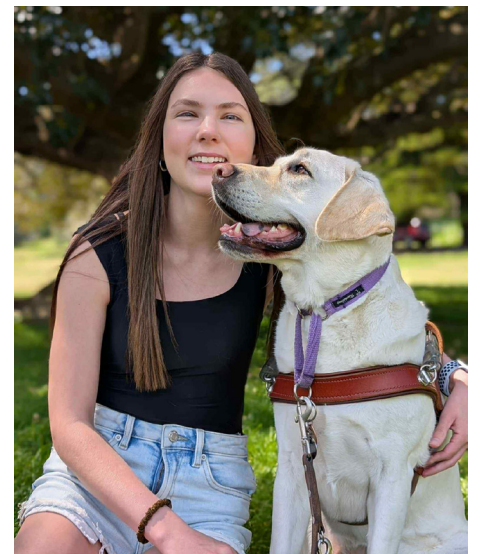
Partnered together in July of 2023, Isla and Karlee Symond have formed an unbreakable bond. Legally blind, prior to Isla, Karlee navigated the world feeling isolation and anxiety, with everyday tasks being difficult and overwhelming.

With Isla by her side, Karlee has gained independence and confidence, able to enrol in university and secure employment.

"It's safe to say I am no longer afraid of bin day or navigating crowds, as I know Isla will keep me safe," Karlee said. "Isla is my eyes, my best friend and my other half."

As part of the award, a \$250 donation will be made to Guide Dogs NSW/ACT, supporting the training of future partnerships like Isla and Karlee's.

"Isla's story is a powerful reminder of what guide dogs make possible. Through trust, training and partnership, she has restored independence, confidence and freedom in a way that reshapes everyday life. Isla's impact is not abstract, it is lived, practical and deeply transformative," said Agnes



Beugnon, Australian Dog Lover publisher and member of the judging panel.



Term 2 2026






Hornsby Ku-ring-gai  
Community College

SINCE 1925

# HKCC ART + MUSIC

Music and Art have the power to transform, illuminate, educate and inspire. Allow your inner artist to flourish in one of HKCC's Art and Music classes.

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Art of Watercolour Beginners	AOWB-26231H	Wed	10:00 - 13:00	9	29 Apr - 24 Jun	Hornsby HQ	CC	\$295*
Art of Watercolour	AOW-26251H	Fri	10:00 - 13:00	9	1 May - 26 Jun	Hornsby HQ	CC	\$295*
Ceramics	CC-26232H	Wed	13:30 - 16:00	9	29 Apr - 24 Jun	Hornsby HQ	JS	\$385
Ceramics	CC-26243H	Thu	18:00 - 20:30	9	30 Apr - 25 Jun	Hornsby HQ	JS	\$385
Creative Crafts	CCTA-26222H	Tue	13:00 - 15:00	8	28 Apr - 16 Jun	Hornsby HQ	SB	\$280*
Creative Crafts	CCTA-26261H	Fri	10:00 - 12:00	8	1 May - 19 Jun	Hornsby HQ	SB	\$280*
Drawing and Sketching 	AF-26111O	Mon	09:30 - 12:00	8	20 Apr - 8 Jun		JY	\$260*
Drawing	JZ-26211H	Mon	09:30 - 12:30	8	4 May - 29 Jun	Hornsby HQ	AS	\$270*
Painting	AZ-26242H	Thu	12:00 - 15:00	9	30 Apr - 25 Jun	Hornsby HQ	CC	\$295*
Painting your Favourite Style	PFS-2625H	Fri	14:00 - 16:30	8	1 May - 19 Jun	Hornsby HQ	JW	\$270*
Papertole 	AT-26241H	Thu	09:30 - 11:30	8	30 Apr - 18 Jun	Hornsby HQ	MD	\$230*




## MUSIC

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Guitar Beginner	PF1-26243M	Thu	18:00 - 19:00	11	23 Apr - 2 Jul	MMA	MMA	\$319


\* **Concession = \$10 discount** | **Tutors:** **JW** - Mr Jan Windus, **JY** - Jenny Young, **CC** - Cheree Connolly, **SB** - Sayo Burton, **MD** - Marlies Davey (Linszen), **JS** - Julianne Smallwood, **AS** - Aileen Sanjoto, **MMA** - Morgan Music Academy

 Students/Tutors have received recognition award recently  Denotes Online Course

# HKCC LIFESTYLE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Bridge Club	RBC-26212H	Mon	13:30 - 16:00	9	Apr - June	Hornsby HQ	SW	\$15p/s^
Canine First Aid Advanced	DFAA-26261H	Sat	10:00 - 13:00	1	TBC	Hornsby HQ	DM	\$130
Tarot for Beginners Lvl 2 	TORB2-26213H	Mon	17:30 - 19:30	8	4 May - 29 Jun	Hornsby HQ	MN	\$260
Tarot for Intermediate Lvl 2 	TOR12-26243H	Thu	17:30 - 19:30	8	7 May - 25 Jun	Hornsby HQ	MN	\$260
Mahjong for Beginners	MJ-26242H	Thu	13:00 - 15:00	8	7 May - 25 Jun	Hornsby HQ	FC	\$235*
Mahjong Social Club	MJS-26242H	Thu	13:00 - 15:00		April - June	Hornsby HQ		\$5p/s^
Sewing for Beginners	SB2-26223H	Tue	18:15 - 20:15	8	5 May - 23 Jun	Hornsby HQ	RD	\$285
Sewing Improver	SW1-26261H	Sat	10:00 - 12:00	8	2 May - 4 Jul	Hornsby HQ	KD	\$270
How to Service and Maintain Your Sewing Machine	SMW-26271H	Sun	10:00 - 12:00	1	31 May	Hornsby HQ	KD	\$40
Strata Law 	STL-26252H	Fri	12:00 - 14:00	6	1 May - 5 Jun	Hornsby HQ	PV	\$200

\* **Concession rate available** | ^ **Cost per session** | **Tutors:** **SW** - Susan Wade, **FC** - Flora Chan, **RD** - Romi Dupont-Louis, **MN** - Megan North, **DM** - Dogs Matter (Narelle Brown and Julie Quinn), **KD** - Kim Drew, **PV** - Pasquale Vartuli




 Denotes new course

VISIT [www.hkcc.nsw.edu.au](http://www.hkcc.nsw.edu.au)  
FOR FULL COURSE DETAILS, OR CALL  
**HKCC ON 9482 1189**



# HKCC LEISURE + WELLBEING

Optimise your health and wellbeing by participating in HKCC's spiritual, social, and physical activities. Good health and happiness increase when we are moving and breathing in positive ways. Experience lasting benefits when you join one of our amazing health classes, with our talented and passionate HKCC Tutors!

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Aqua Aerobics	DE-26223MW	Tue	18:15 - 19:00	10	28 Apr - 30 Jun	MWP	CE	\$190
Aqua Aerobics	DE-26224MW	Tue	19:00 - 19:30	10	28 Apr - 30 Jun	MWP	CE	\$160
Chair Yoga	CHY-26241H	Thu	10:15 - 11:00	10	30 Apr - 2 Jul	Hornsby HQ	AK	\$150
Bollywood Fit 	BWF-26223T	Tue	18:15 - 19:00	10	28 Apr - 30 Jun	TSC	AK	\$150
Line Dancing	LDC-26211P	Mon	09:30 - 10:30	8	TBC	WPCH		\$125*
Line Dancing + Improver session	LDII-26212P	Mon	10:45 - 12:15	8	TBC	WPCH		\$185*
Line Dancing	LDC-26244H	Thu	18:00 - 19:00	8	30 Apr - 18 Jun	HWMH	RS	\$125*
Meditation	MED-26233H	Wed	18:00 - 19:00	10	29 Apr - 1 Jul	Hornsby HQ	DJ	\$190
Pickleball Social	PBS-262	Mon/Wed/Sat	See website	9	Apr - Jul	KWTAH	KW	\$56 - \$72
Pickleball Stage 1 Intro Clinics	PB-262	Mon/Wed/Thu	18:00 - 19:00	9	Apr - Jul	KWTAW	KW	\$180
Pickleball Stage 2 Fundamentals	PBB-26233H	Wed	19:00 - 20:30	9	22 Apr - 1 Jul	KWTAW	KW	\$270
Pilates	HP-26241T	Thu	09:45 - 10:45	10	23 Apr - 2 Jul	TUC	JW	\$200*
Pilates 	PT2 -26251T	Fri	10:30 - 11:15	10	24 Apr - 3 Jul	TUC	JL	\$200*
Silver Treads 	ST-26141A	Thu	10:00 - 10:45	11	23 Apr - 2 Jul	SAC	CC	\$220
Tai Chi/Qigong Intermediate	H2I-26213H	Mon	19:00 - 20:30	8	4 May - 29 Jun	HWMH	LK	\$200*
Tai Chi/Qigong Intermediate	H2I-26231H	Wed	10:00 - 11:30	9	29 Apr - 24 Jun	HWMH	LK	\$225*
Tai Chi/Qigong Beginners	H2B-26261H	Sat	11:15 - 12:15	9	2 May - 27 Jun	HWMH	LK	\$180*
Tennis Beginner	TBC-262	Wed/Thu	Evenings	9	Apr - Jul	KWTAH	KW	\$198
Tennis Beginner/Intermediate	TNBI-262	Tue/Wed	Mornings	9	Apr - Jul	KWTAW	KW	\$297
Tennis Intermediate	TENIC-262	Wed	Evenings	9	Apr - Jul	KWTAH	KW	\$198
Tennis Intermediate Match Play	TIMP-26243H	Thu	19:00 - 20:30	9	Apr - Jul	KWTAH	KW	\$243

\* **Concession rate available** | **Tutors:** **JW** - Jo Wolfgarten, **KWTA** - Kim Warrick Tennis Academy, **CC** - Chris Curran, **LK** - Dr Larissa Koroleva, **RS** - Ros Straw, **DJ** - Deepika Jinda, **CGE** - Cigdem Ereren, **AK** - Amrita Kohli, **JL** - Jeanette Lasek

 **Seniors exercise class**  **Denotes new course**



Brochure cover  
 Artist: Sue Calvi  
 Artwork: "Spring"  
 HKCC Student of:  
 Art of Watercolour Beginners  
 Tutor: Cheree Connolly

## HKCC: CHANGING LIVES SINCE 1925

Hornsby Ku-ring-gai Community College Inc  
 ABN 20 410 295 360 | RTO 90232  
 Level 1, 45-47 Hunter Street, Hornsby NSW 2077  
 enquiries@hkcc.nsw.edu.au | 9482 1189  
 www.hkcc.nsw.edu.au



**Creating Change Domestic and Family Violence (DFV) Prevention and Healing**

HKCC IS PROUD TO LAUNCH A NEW COMMUNITY INITIATIVE FUNDED BY KU-RING-GAI COUNCIL TO SUPPORT THE PREVENTION OF DOMESTIC AND FAMILY VIOLENCE.

THIS PROGRAM WILL RUN A SMALL SERIES OF CREATIVE WORKSHOPS EXPLORING RESILIENCE, HEALTHY RELATIONSHIPS AND COMMUNITY CONNECTION, WITH SEPARATE SESSIONS FOR MEN, WOMEN AND FAMILIES.

PLEASE CONTACT US FOR MORE INFORMATION!

**Sessions start in Term 2**  
**Scan the QR code to register your interest!**

ARTWORK - "SHELL YEAH!"  
 CREATIVE CRAFTS CLASS  
 COLLABORATION.  
 TUTOR: SAYO BURTON



# HKCC PATHWAYS

## FOUNDATION SKILLS

### FSK10119 CERTIFICATE I IN ACCESS TO VOCATIONAL PATHWAYS

- Prepare to participate in a learning environment FSKLRG001
- Engage in short and simple spoken exchanges at work FSKOCM002
- Read and respond to short and simple workplace information FSKRDG004
- Write short and simple workplace formatted texts FSKWTG002
- Participate in familiar spoken interactions at work FSKOCM003
- Use whole numbers and halves for work FSKNUM003
- Use short and simple strategies for work-related learning FSKLRG004
- Use basic and familiar metric measurements for work FSKNUM004
- Use simple data for work FSKNUM007
- Use digital technology for short and basic workplace tasks FSKDIG001
- Use digital technology for routine and simple workplace tasks FSKDIG002

### FSK10219 CERTIFICATE I IN SKILLS FOR VOCATIONAL PATHWAYS

- Participate in work placement FSKLRG006
- Use oral communication skills for effective workplace presentations FSKOCM005
- Read and respond to simple workplace information FSKRDG007
- Read and respond to routine workplace information FSKRDG010
- Write simple workplace information FSKWTG006
- Use simple strategies for work-related learning FSKLRG008
- Use short and simple strategies for career planning FSKLRG003
- Contribute to health and safety of self and others BSBWHS211
- Use whole numbers and simple fractions, decimals and percentages for work FSKNUM008
- Use digital technology for non-routine workplace tasks FSKDIG003
- Use business resources BSBOPS101

### FSK20119 CERTIFICATE II IN SKILLS FOR WORK AND VOCATIONAL PATHWAYS

- Use strategies to respond to routine workplace problems FSKLRG009
- Use oral communication skills to participate in workplace teams FSKOCM006
- Write routine workplace texts FSKWTG009
- Use routine strategies for work-related learning FSKLRG011
- Calculate with whole numbers and familiar fractions, decimals and percentages for work FSKNUM014
- Estimate, measure and calculate with routine metric measurements for work FSKNUM015
- Interact effectively with others at work FSKOCM007
- Interpret, draw and construct routine 2D and 3D shapes for work FSKNUM016
- Use familiar and routine maps and plans for work FSKNUM017
- Use routine strategies for career planning FSKLRG010
- Write complex workplace texts FSKWTG010
- Use business software applications BSBTEC201
- Plan and prepare for work readiness BSBPEF101
- Support personal wellbeing in the workplace BSBPEF201

## TALK TO US ABOUT TRAINEESHIPS CALL 9482 1189

Course Guide Design and Graphics  
Craig Sutton | [thedesigngroup.com.au](http://thedesigngroup.com.au)

## JOB READY SKILLS

### BSB10120 CERTIFICATE I IN WORKPLACE SKILLS

- Use business resources BSBOPS101
- Plan and prepare for work readiness BSBPEF101
- Apply communication skills BSBCEM211
- Work effectively in business environments BSBOPS201
- Engage with customers BSBOPS202
- Contribute to the health and safety of self and others BSBWHS211

### BSB20120 CERTIFICATE II IN WORKPLACE SKILLS

- Apply communication skills BSBCEM211
- Work effectively in business environments BSBOPS201
- Plan and apply time management BSBPEF202
- Participate in sustainable work practices BSBUS211
- Contribute to the health and safety of self and others BSBWHS211
- Develop and apply thinking and problem solving skills BSBCEM201
- Use business software applications BSBTEC201
- Use digital technologies to communicate in a work environment BSBTEC202
- Work effectively with others BSBTWK201
- Deliver a service to customers BSBOPS203

### BSB30120 CERTIFICATE III IN BUSINESS

- Apply critical thinking skills in a team environment BSBCEM311
- Support personal wellbeing in the workplace BSBPEF201
- Participate in sustainable work practices BSBUS211
- Use inclusive work practices BSBTWK301
- Assist with maintaining workplace safety BSBWHS311
- Engage in workplace communication BSBXCM301
- Use business software applications BSBTEC201
- Design and produce business documents BSBTEC301
- Use digital technologies to collaborate in a work environment BSBTEC404
- Write simple documents BSBWRT311
- Contribute to continuous improvement BSBSTR301
- Design and produce spreadsheets BSBTEC302
- Create electronic presentations BSBTEC303

## WORKPLACE HOSPITALITY IN CARE SHORT COURSE

This course is designed for school leavers aged 17 - 25 at the Auburn Youth Centre. Participants will gain practical workplace and care-related skills, building confidence for employment in care and community roles. The course focuses on communication, meal support, and providing care with professionalism and teamwork.

Units of competency include:

- Provide food service CHCAGE012
- Prepare meals CHCCCS042
- Support positive mealtime experiences CHCCCS043
- Read and respond to simple workplace information FSKRDG007
- Interact effectively with others at work FSKOCM007

# JOB READY ACCREDITED AND SUBSIDISED

## JOB READY SKILLS

### CHC33021 CERTIFICATE III IN INDIVIDUAL SUPPORT



- Provide individualised support CHCCS031
- Facilitate the empowerment of people receiving support CHCCS038
- Support independence and wellbeing CHCCS040
- Recognise healthy body systems CHCCS041
- Communicate and work in health or community services CHCCOM005
- Work with diverse people CHCDIV001
- Work legally and ethically CHCLEG001
- Apply basic principles and practices of infection prevention and control HLTINF006
- Follow safe work practices for direct client care HLTWHS002

PLUS 6 electives from the list below and  
**120 hours of mandatory work placement**

- Recognise and report risk of falls CHCAGE007
- Promote Aboriginal and/or Torres Strait Islander cultural safety CHCDIV002
- Assist clients with medication HLTHPS006

#### GROUP A - AGEING

- Provide support to people living with dementia CHCAGE011
- Work effectively in aged care CHCAGE013
- Deliver care services using a palliative approach CHCPAL003

#### GROUP B - DISABILITY

- Contribute to ongoing skills development using a strengths-based approach CHCDIS011
- Support community participation and social inclusion CHCDIS012
- Work effectively in disability support CHCDIS020

## PATHWAY TO COMMUNITY SERVICES SHORT COURSE

This short course provides a basic introduction to the community services sector. You will develop essential digital and communication skills used in health and community services workplaces. It can also support learners who wish to continue into further study, such as the Certificate III in Individual Support.

Units you will complete:

- Use digital technology for routine and simple workplace tasks FSKDIG002
- Communicate and work in health or community services CHCCOM005



The Nationally Recognised Training NRT logo indicates accreditation meeting national training standards that lead to a nationally recognised qualification.

**NOTE: The units of competency listed within the qualifications on this brochure have been edited for promotional purpose. Please call or visit HKCC's website for specific information on each unit of competency.**

## SUPERVISORY QUALIFICATIONS

### CHC43015 CERTIFICATE IV IN AGEING SUPPORT



#### PRE-REQUISITE CHC33015 OR CHC33021 CERTIFICATE III IN INDIVIDUAL SUPPORT

- Facilitate the interests and rights of clients CHCADV001
- Coordinate services for older people CHCAGE003
- Manage legal and ethical compliance CHCLEG003
- Implement interventions with older people at risk CHCAGE004
- Facilitate individual service planning and delivery CHCCS006
- Develop and maintain networks and collaborative partnerships CHCPRP001
- Deliver care services using a palliative approach CHCPAL001
- Support independence and wellbeing CHCCS023
- Work with diverse people CHCDIV001
- Recognise healthy body systems HLTAAP001
- Follow safe work practices for direct client care HLTWHS002
- Facilitate the empowerment of older people CHCAGE001
- Provide support to people living with dementia CHCAGE005
- Meet personal support needs CHCCS011
- Support relationships with carers and families CHCCS025

Plus 3 electives from the list below and  
**120 hours of mandatory work placement**

- Assist clients with medication HLTHPS006
- Promote Aboriginal and/or Torres Strait Islander cultural safety CHCDIV002
- Provide loss and grief support CHCCS017
- Recognise and respond to crisis situations CHCCS019
- Work with people with mental health issues CHCMHS001



This icon denotes courses which attract NSW Government funding under **Smart and Skilled**.

You may be eligible if you are: 15 years or older, have left school, live or work in NSW and are an AUS or NZ citizen, AUS permanent resident or humanitarian visa holder.

#### NATIONAL SKILLS AGREEMENT (NSA)

Smart and Skilled eligible students can access fee-free Foundation skills training in individual units, helping them build essential language, literacy, numeracy, employability and digital skills to prepare for study and work.

#### ADULT COMMUNITY EDUCATION PROGRAM (ACE)

Smart and Skilled eligible students with barriers to study can access this funding to build capacity. It allows learners to enrol in individual units up to a Certificate III, meeting their specific training needs.

#### TARGETED SKILLS FOR SMALL BUSINESS (TSB)

Small business owners and their employees who meet the Smart and Skilled eligibility criteria can access fully funded training in targeted courses in information technology, business services and foundation skills.

#### RECOGNITION OF PRIOR LEARNING (RPL)




If you already have the required skills and knowledge against a relevant nationally recognised unit of competency, please contact HKCC for further information.

Find out more about the pre-enrolment process via our website. RTO 90232







# HKCC ADULT + COMMUNITY EDUCATION (ACE)

## PROFESSIONAL DEVELOPMENT SHORT COURSES

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Everyday Digital Skills: Computer and Internet Essentials 1	EDS1-26231H	Wed	9:30 - 12:30	3	13 - 27 May	Hornsby HQ	CW	\$225/\$0*
Everyday Digital Skills: Computer and Internet Essentials 2	EDS2-26231H	Wed	09:30 - 12:30	3	10 - 24 Jun	Hornsby HQ	CW	\$225/\$0*
WordPress 	WP1-26211H	Mon	10:00 - 12:00	4	4 - 25 May	Hornsby HQ	CH	\$200/\$0*
Canva: Design for Non-designers	CV3-26244H	Thu	18:00 - 20:00	1	14 May	Hornsby HQ	IB	\$100/\$0*
Canva: Design for Non-designers II	CV4-26245H	Thu	18:00 - 20:00	1	28 May	Hornsby HQ	IB	\$100/\$0*
Office Applications	OAN-26251H	Fri	09:30 - 14:30	6	22 May - 26 Jun	Hornsby HQ	CH	\$350/\$0*
Xero	X-26251H	Fri	10:00 - 16:00	1	12 Jun	Hornsby HQ	SC	\$180/\$0*
Social Media Marketing and Content Creation	SB2-26215H	Mon	18:00 - 21:00	1	22 Jun	Hornsby HQ	SA	\$150/\$0*
Groundwork for Starting a Business	GB1-26245H	Thu	18:00 - 20:00	1	21 May	Hornsby HQ	AM	\$100/\$0*
Confidence on Camera 	CCC-26261H	Sat	10:00 - 14:00	1	18 Apr	Hornsby HQ	SA	\$200/\$0*
Professional Skills Bootcamp 	PSB-26245H	Thu	18:00 - 20:00	2	4 + 11 Jun	Hornsby HQ	BB	\$264

## ENGLISH SECOND LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
English Beginners/Intermediate	EC1-26211SD	Mon	09:30 - 11:30	9	20 Apr - 29 Jun	Hornsby HQ	SD	\$200/\$0*
English Advanced	EC3-26251SD	Fri	09:30 - 11:30	11	24 Apr - 3 Jul	Hornsby HQ	SD	\$240/\$0*
English Intermediate 中级英语	EC2-26211FC	Mon	09:30 - 13:00	9	20 Apr - 29 Jun	Hornsby HQ HKCC校址	FC	\$200/\$0*
English Intermediate  中级英语网上授课	EC2-26221FC	Tue	09:30 - 13:00	11	21 Apr - 30 Jun	 网上授课	FC	\$240/\$0*
English Foundation 初级英语	EFO-26231FC	Wed	09:30 - 12:00	11	22 Apr - 1 Jul	Hornsby HQ HKCC校址	FC	\$240/\$0*
English Beginners  初级英语网上授课	EB-26241FC	Thu	09:30 - 12:00	11	23 Apr - 2 Jul	 网上授课	FC	\$240/\$0*

\* **Funding available (See below)** | **Tutors:** **CH** - Craig Hamilton, **FC** - Flora Chan, **SC** - Sylvia Codd, **SD** - Sophia Deall, **SA** - Stephanie Aceglav (Aceglav Creative Media), **AM** - Adrienne McLean, **IB** - Isabelle Binai, **BB** - Bianca Blanch, **RV** - Rebecca Vize

 Denotes new course  Denotes Online Course

### FEE FREE TRAINING:

#### \* ADULT COMMUNITY EDUCATION (ACE) PROGRAM

This training attracts full NSW Government funding if you meet the following criteria:

- Aged 15 or over
- No longer at school or equivalent
- Live or work in NSW
- Meets one of the following:

**Australian citizen,**  
**Australian permanent resident,**  
**New Zealand citizen,**  
**Humanitarian visa holder**

• and one of the following:

- **Aboriginal or Torres Strait Islander**
- **Receiving government benefits** or are a dependent of someone who does
- **Living with a disability**
- **Dependent of someone with a disability**
- **Low language, literacy, numeracy or digital skills**
- **Culturally and linguistically diverse (CALD)**
- **Unemployed, working part-time, or returning to work**
- **Experiencing financial hardship**
- **Facing personal challenges**  
(e.g., family/domestic violence, recovery from addiction, or involvement with the justice system)
- **Aged 15 - 24 and at risk of not continuing education or finding a job**
- **Did not complete year 12 or equivalent**
- **TSB funding stream (for small business owners or employees)**

# HKCC PEER SUPPORT PROGRAM

We are proudly delivering projects for the Peer Support and Capacity Building (PSCB) grant for the NDIS. These fee-free leisure programs are open to people with a challenge or disability whether they are enrolled in the NDIS or not. Each term, we create new programs to build peer relationships and build your confidence in advocating for yourself. We also run monthly community events aimed at people with a disability or their families or carers.

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR
How to Grow a Garden	GAG-26221CG	Tue	10:00 - 12:00	9	28 Apr - 23 Jun	EDCG	AM
Thrive Tribe Women	TTW-26242FW	Thu	14:00 - 15:00	8	7 May - 25 Jun	FW	FW
Thrive Tribe Teens	TTT-26252FW	Fri	16:30 - 17:30	8	8 May - 26 Jun	FW	FW
Digital Safety 1st for PwD (Topics 2 + 3)	DSF-26223H	Tue	14:00 - 16:00	8	21 Apr - 9 Jun	Hornsby HQ	AM
Tap, Connect and Regulate for Carers	EFT-26223	Tue	18:00 - 20:00	1	21 Apr	Hornsby HQ	MS
Mindful Photography Walks	MPW-26252H	Fri	13:30 - 15:30	6	1 May - 5 Jun	Hornsby HQ	BC

**Tutors:** **AM** - Anna Maguire, **MS** - Michele Stow, **BC** - Barbara Clarke, **EDCG** - Edgeworth David Community Garden, **FW** - Fernwood

# HKCC SENIORS DIGITAL TECHNOLOGY TRAINING

## TECH SAVVY SENIORS

Tech Savvy Seniors is a NSW Government initiative in partnership with Telstra, offering **subsidised training** to seniors aged 50+. Photo ID is required.


COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE
Introduction to Smart Phones	TSSSP-26251HQ	Fri	10:00 - 12:00	1	1 May	Hornsby HQ
Sharing Photos and Attachments	TSSSA-26251HQ	Fri	10:00 - 12:00	1	15 May	Hornsby HQ
Online Banking and Shopping	TSSOBS-26251HQ	Fri	10:00 - 12:00	1	29 May	Hornsby HQ
Introduction to Cyber Safety	TSSCS-26251HQ	Fri	10:00 - 12:00	1	5 Jun	Hornsby HQ

## BE CONNECTED

Be Connected is an Australian Government funded program for learners over the age of 50, funding one-on-one mentoring and small classes.



**Be Connected** Network Partner  
Every Australian online.

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE
Digital Group Mentoring Sessions	BECGS-26221H	Tue	10:00 - 11:30	1	21 Apr - 23 Jun	Hornsby HQ
Digital Group Mentoring Sessions	BECGS-26242H	Thu	15:00 - 16:30	1	23 Apr - 25 Jun	Hornsby HQ
Introduction to AI 	BCAI-26251H	Fri	10:00 - 12:00	1	22 May + 19 Jun	Hornsby HQ



## VOLUNTEER WITH US: DIGITAL VOLUNTEER MENTORING!

You can help too, by becoming a Digital Mentor!

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR
Mentor Training 	BECMTS-26252H	Fri	13:30 - 15:30	1	15 May + 5 Jun	Hornsby HQ 	CW

**Tutor:** **CW** - Colin Wong

 Denotes new course  Denotes Online Course



# HKCC LANGUAGES

Bonjour, Ciao, Nī hō, Kon'nichiwa! Get ready for your next overseas trip with us! Our Language Tutors are second to none, always aiming to tailor classes to the needs of their students. Call us to discuss a level suited to you.

## FRENCH LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Beginners	FAB-26231H	Wed	16:00 - 18:00	8	29 Apr - 1 Jul	Hornsby HQ	JR	\$260*
Continuers	FB2-26222H	Tue	14:00 - 16:00	8	28 Apr - 30 Jun	Hornsby HQ	JR	\$260*
Intermediate	FFI-26221H	Tue	11:00 - 13:00	8	28 Apr - 30 Jun	Hornsby HQ	JR	\$260*
Extension	FE-26232H	Wed	13:30 - 15:30	8	29 Apr - 1 Jul	Hornsby HQ	JR	\$260*

## ITALIAN LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
For Travellers	IFT-26233H	Wed	15:00 - 17:00	8	29 Apr - 17 Jun	Hornsby HQ	AS	\$255*
Continuers	IBC-26232H	Wed	12:30 - 14:30	8	29 Apr - 17 Jun	Hornsby HQ	AS	\$255*
Extension	IE-26231H	Wed	10:00 - 12:00	8	29 Apr - 17 Jun	Hornsby HQ	AS	\$255*

## MANDARIN LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Beginner Continuers	MBC-26223H	Tue	18:00 - 20:00	8	28 Apr-16 Jun	Hornsby HQ	BC	\$255*
Intermediate	MI-26223H	Thu	18:00 - 20:00	8	30 Apr-18 Jun	Hornsby HQ	BC	\$255*
Beginners	MB1-26262H	Sat	14:30 - 16:30	8	2 May - 27 Jun	Hornsby HQ	BC	\$255*

## JAPANESE LANGUAGE

COURSE NAME	COURSE CODE	DAY	TIME HRS	SESSIONS	DURATION	SITE	TUTOR	COST
Absolute Beginners	JAB-26263H	Sat	14:45 - 16:15	7	2 May - 27 Jun	Hornsby HQ	KT	\$195*
Continuers	JC-26622H	Sat	12:30 - 14:30	8	2 May - 27 Jun	Hornsby HQ	KT	\$255*
Extension	JE-26261H	Sat	10:00 - 12:00	8	2 May - 27 Jun	Hornsby HQ	KT	\$255*

\* **Concession = \$10 discount** | **Tutors: JR** - Jocelyn Read-Clive, **AS** - Alessandra Stefanutti, **BC** - Bill Cong, **KT** - Kimiko Tsukada

## VENUES

### AYC | Auburn Youth Centre

Wyatt Park Sports Complex  
Church St, Lidcombe

### EDCG | Edgeworth David Community Garden

31 Northcote Road, Hornsby

### FW | Fernwood

Located in Westfield Hornsby  
Corner of Burdett St and Hunter St, Hornsby  
Level 2, Shop R4

### Hornsby HQ | Hornsby Headquarters

Level 1, 45 Hunter St, Hornsby

### HWMH | Hornsby War Memorial Hall

2 High St, Hornsby

### KWTAH | Tennis Courts Hornsby

12A Edgeworth David Ave, Hornsby

### KWTAW | Tennis Courts Waitara

Cnr Edgeworth David Ave and  
Park Ave, Waitara

### MMA | Morgan Music Academy

104/2 Burdett St, Hornsby

### MWP | Mt Wilga Pool

66 Rosamond St, Hornsby

### SAC | St Andrews Church

2 Water St, Wahroonga

### TUC | Turramurra Uniting Church

Colonnade Room,  
10 Turramurra Ave, Turramurra

### TSC | Turramurra Seniors Centre/ Community Hall

1 Gilroy Rd, Turramurra

### WPCH | West Pymble Community Hall

Loftberg Rd, West Pymble



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SINCE 1925  
EDITION 78 APRIL 2026

# A Political Realignment: From Protest Vote to Political Contender

by ALLAN SHI

OPINION PIECE

This is a three-part series, exploring the realignment in the political right. Part 1 examines the increase in One Nation support since the last federal election.

Since her election to federal parliament in 1996, Pauline Hanson and One Nation have been a fixture of Australian politics.

Apart from achieving 22.7% at the 1998 Queensland election, the party has not matched that level of support until now.

At the 2025 federal election, One Nation received 6.4% of the national vote. When opinion polling first showed One Nation breaking through 10% in September 2025, some dismissed it as an anomaly. However, as polling continued to show its support rising, alarm bells started ringing within the Coalition, and increased media attention filtered into the public discourse.

At the start of 2026, the dam wall broke. One Nation overtook the Coalition for the first time since Pauline Hanson founded the party. With support surging in regional areas and eroding the Nationals' base; concerned about their electoral prospects, the Nationals briefly split from the Liberals for the second time in nine months.

Further polling showing the Liberals languishing below 20% proved the final straw. Sussan Ley was replaced as

leader by Angus Taylor shortly after.

The substantial increase in One Nation support can be attributed to several factors.

First, votes for the Libertarian Party, Trumpet of Patriots, and other parties to the right of the Liberals have largely consolidated behind One Nation, contributing around 4%.

Since the election, much of the focus has been on disunity within the Coalition. This instability has driven an exodus of voters seeking a comparatively stable option on the political right. While Liberal voters may strongly disagree with aspects of One Nation's platform, particularly its stance on multiculturalism, Pauline Hanson's messaging has remained relatively consistent over the decades. In contrast to the Coalition's internal conflict, One Nation has emerged as a viable alternative.

Previously, One Nation may have been a bridge too far for many conservative voters. As its support grew, political discourse shifted. Polling showing a substantial proportion of the electorate intending to back the party eroded the stigma, giving other hesitant voters greater social licence to follow suit.

The recent South Australian election highlighted widespread voter disillusionment, with 43% of the electorate opting for non-major party candidates

– the clearest indication yet of political disenfranchisement.

In regional areas, One Nation has largely cannibalised the Liberal vote. While Labor celebrated an historic landslide victory, the results also exposed underlying weaknesses in working-class outer suburban areas. In Adelaide's northern suburbs, where ABS data show the median income is lower than the state average, substantial swings occurred against Labor, with One Nation receiving over 30% in many electorates. Amid cost-of-living pressures and limited perceived solutions, voters in this cohort abandoned the major parties.

There was substantial interest in the South Australian election, amid scepticism over whether One Nation's support would translate at the polls – a scepticism that has now been proven misplaced. As counting continues, the party stands at 22% and may win up to four seats, ahead of the Liberals at 19%. For the first time, One Nation has secured a lower house seat outside of Queensland.

Questions remain, however, about the durability of this support. One Nation's next major test will be the Farrer by-election in May.

Part 2 of this series, in the next edition, will further examine the impact of One Nation on the major parties.

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## Mark Taylor Oval Pavilion Opens, Delivering Landmark Facilities for Women in Sport



The new pavilion and updated grandstand at Mark Taylor Oval, Waitara, were officially opened on Saturday 7 March, marking a major milestone for the Hornsby community and Northern District Cricket Club, following the completion of the grant funded facility.

The updated grandstand features inclusive and accessible changing rooms and showers, which can be used by men and women's cricket and rugby teams. This development marks a significant step towards increasing female participation in traditionally male-dominated sports, ensuring that all genders, as well as cultural and social needs are catered for.

The new, modern pavilion includes a canteen, an accessible community/club room, a scorer's room, storage areas, and public toilets, with the existing toilet block converted into storage.

The NSW Government contributed \$9 million in funding for the upgrading of sporting facilities at Waitara Park, which also included an indoor cricket centre. Council also contributed approximately \$1m into the improved oval

playing surface.

In addition, Cricket NSW and Cricket Australia contributed \$200,000 to the project.

Hornsby Shire Mayor Warren Waddell said the new pavilion and updated grandstand are a major benefit to local sport.

"In particular, these upgrades address the increase of female participation and the shortcomings of existing facilities. Hornsby Shire Council recognises the importance of community sport generally and the role it plays in the health and wellbeing of our residents," said Mayor Waddell.

Jeremy Hook, President of the Northern District Cricket Club, spoke about what the new pavilion means to the club.

Dean Hunter, Cricket NSW Senior Manager – Government Relations & Infrastructure, stated "Cricket NSW, via the Australian Cricket Infrastructure Fund, is delighted to have supported Hornsby Shire Council and Northern District Cricket Club in delivering these improvements to Mark Taylor Oval, ensuring it remains a vibrant hub for cricket in Northern Sydney.

## Mt Wilga Private Hospital Hosts PERFORM Trial to Support People with Chronic Conditions

Monash University is conducting a study at Mt Wilga Private Hospital in Hornsby to observe whether personalised rehabilitation can improve the health and wellbeing of people with long-term conditions.

This study runs from 3 March 2026 to 31 May 2027, where eligible participants are allocated a spot in an eight-week program twice weekly.

Named the PERFORM trial, the program includes exercise and education sessions, focused on bringing exercise-based rehabilitation to people who had limited exercise options due to their chronic conditions.

Some conditions eligible include diabetes, hypertension, and arthritis.

Last year, the same program was offered by Mt Wilga and Monash University. For the new sessions, organisers hope for more participants. Those interested are welcome to join at any point during the length of the study.

Participation in the study is free. Individuals have the opportunity to access structured rehabilitation while contributing to important research aimed at improving care for people with multiple chronic conditions.

For more information, contact:  
Trial Coordinator -  
Dr Simone Dal Corso:  
simone.ddalcorso@monash.edu or  
Principal Investigator - Ms Jenniger King at kingje@ramsayhealth.com.au



# San Wins Angels Award for Excellent Stroke Care and Services



Stroke simulation at the San



**S**ydney Adventist Hospital has become the first private hospital in Australia to receive a prestigious Angels Award from the World Stroke Organisation.

The award recognises hospitals that deliver high-quality treatment for stroke patients, from diagnosis in a timely manner to intervention. This milestone for the San means the hospital have achieved a gold status for excellence in stroke care.

To mark the achievement, clinical teams at the San conducted a live stroke simulation to demonstrate their

emergency response.

The exercise traced the full patient journey from arrival at the Emergency Department to diagnostic imaging and treatment decision-making.

'Stroke remains one of the leading causes of death and long-term disability in Australia, and with numbers rising as our population ages, delivering fast, effective care has never been more important,' said CEO of Adventist HealthCare, Brett Goods.

'This recognition reflects consistently high standards in how quickly, safely and effectively we treat patients expe-

riencing stroke, where every minute matters. I'm incredibly proud of our stroke team and their ongoing commitment to continuously improving stroke care for our community.'

Sydney Adventist Hospital is one of 40 NSW facilities participating in the RISE (Realising Improvement in Stroke Excellence) program, RISE aims to set global benchmarks in stroke care and improve patient outcomes.

The hospital is also accredited as a Primary Stroke Centre by the Australian Stroke Coalition.

Stroke services at the San are led by Dr Kong Chung and Stroke Clinical Nurse Consultant Krista Dormitorio.

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## April Awareness: Avoid Falls

**KarisLife**  
Assistive Independence

by REJIMON PUNCHAYIL  
KARIS LIFE

April is Falls Awareness Month, highlighting the importance of safety and independence.

While falls can happen to anyone, they pose a significant risk to older Australians. Implementing a proactive prevention strategy is crucial for healthy aging, addressing potential issues like declining vision, balance, and strength. Acknowledge any fear of falling, even without prior incidents, as it's a vital step towards building confidence.

A secure environment is essential. Ensure your home, garden, and surroundings are free of hazards. Adequate lighting, especially in hallways and stairways, is vital. Eliminate tripping and slipping risks, such as loose rugs or clutter, and wear appropriate, supportive footwear. Neglecting this simple step often leads to avoidable hospital visits.

The Mayo Clinic's six-step falls prevention strategy provides a valuable framework: schedule a

doctor's appointment to discuss your concerns, maintain regular physical activity to strengthen muscles and improve balance, wear sensible and supportive shoes, remove potential hazards from your home, ensure adequate lighting throughout your living space, and utilize assistive devices as needed.

Your doctor may recommend a cane or walker for stability. Assistive devices like grab rails and raised toilet seats can significantly enhance safety and independence. If cost is a concern, remember that investing in prevention safeguards your long-term independence and quality of life.

Sydney offers many opportunities for active living. Staying steady and confident allows you to fully enjoy these experiences. For more information and assistance in finding suitable solutions, visit [www.karislife.com.au](http://www.karislife.com.au) or speak with one of their friendly Assistive Technology specialists today.

## What Does April Hold?

April is a cornerstone month for the Upper North Shore, blending vital home safety with national reflection and community celebration.

### A Life-Saving Habit

As the end of daylight saving approaches, it serves as the perfect annual reminder: change your smoke alarm batteries. While modern alarms are more advanced than ever, a fresh battery is the simplest way to ensure your family's safety.

### Awareness and Acceptance

April marks two significant health observances. It is Autism Acceptance Month, a time to move beyond simple awareness and foster a community where neurodivergent residents feel truly included and supported.

Additionally, the month focuses on those living with Parkinson's. With several support groups operating across Hornsby and Ku-ring-gai, April is an opportunity to learn more about the research and resources available to help local families navigate this diagnosis with dignity.



by **TIM MITCHELL**  
**FOUNDER OF BOW TIE BUYERS**  
**AGENCY**

# Trading the City for the Coast: How to Move Without the Mistakes

For many Sydney households, the Central Coast offers the ultimate real estate holy grail: trading a cramped city mortgage for a coastal lifestyle, larger blocks and room to breathe.

But while the Coast might only be an hour up the M1, from a property perspective, it is a completely different world.

The most common mistake Sydney buyers make is navigating the Central Coast with a "Sydney mindset." When you are accustomed to city prices, almost everything up north looks like a bargain. Local selling agents know this. They can easily spot an out-of-area buyer and they will leverage that excitement to push the sale price up.

Furthermore, the Central Coast is not one single market; it is a complex patchwork of micro-markets. Buying just three streets over can mean the difference between a thriving, family-friendly community and a transient holiday-rental strip or worse, an area prone to flooding.

This is exactly why having a professional in your corner is critical.

As a Buyer's Agent specializing in relocating Sydney families, our role is to bridge that geographical gap. We protect you from the "Sydney tax" by negotiating based on true local market data, ensuring you don't overpay. We also do the heavy lifting on the ground, inspecting properties so you don't have to waste your weekends stuck in M1 traffic.

Moving to the Coast should reduce your stress, not add to it. Get expert representation and make your sea change a success.



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## Fuel Crisis: A Threat to Local Aged Care

As fuel prices soar and supply chains tighten, a new crisis is emerging for our most vulnerable residents.

Ageing Australia has issued an urgent plea to the Federal Government: older Australians and their carers must be prioritised in the national fuel response.

CEO Tom Symondson warns that the impact is already being felt on the

frontline. "Aged care workers can't deliver care if they can't get to an older person's home. It's that simple," he stated. With some providers reporting monthly fuel bills jumping by 50%, and staff struggling to afford the commute, the risk of service disruption is real.

In our region, where many seniors rely on the Commonwealth Home

Support Programme (CHSP) to remain independent, any rationing of fuel could be catastrophic. Ageing Australia is advocating for targeted financial support and "essential service" status for the sector, ensuring that - unlike the early days of the pandemic - aged care is not left to fend for itself.



# To Be Human

by **STEVE PANOZZO**  
**MULTI-AWARD WINNING**  
**CARTOONIST AND CARICATURIST**  
[STEVE@NOZ.COM.AU](mailto:STEVE@NOZ.COM.AU)



While I am often booked to draw live caricatures at events, the initial conversations are always about how many caricatures I can churn out in, say, three hours. People rarely consider the real benefits of a live caricaturist at a wedding or corporate gathering.

There's a reason I am usually represented by entertainment agents and not an art gallery.

Drawing live is never really about the art nor the number of caricatures I draw – it's about the value I bring to the event. There is a kind of "magic" in seeing a portrait being created in less than ten minutes. I might only be drawing one person at a time, but I'm entertaining a crowd of onlookers while I do it, while they idly crack jokes with each other or ask questions. The

real value is in these interactions.

Recently, I was drawing a pair of work colleagues at a technology conference. I began chatting, introducing myself to the pair, a man and a woman. Within 30 seconds I found out they did for work and that she was looking forward to a skiing holiday.

"I didn't know you liked skiing," he said to his workmate. I asked how long they had worked together. "Two years," she replied.

I was shocked that two people could share a workspace and, in the space of 24 months, completely fail to actually communicate on any real level. Conversely, I was able to discern a lot about this person in less than a minute. Importantly, the caricature was merely a catalyst that allowed

these people to drop the work jargon for a few minutes. Hopefully that quick caricature led to a slightly deeper working relationship.

Art is a disruptor when our financial and business sectors become so dominant that we risk knowing the cost of everything but the value of nothing.

It is a reminder that value isn't just about numbers. It's about what we assign value to, and there's so much more to life than bank transactions. Instead of becoming mere number-obsessed cogs in an economy, artists remind people what is really important... being human.

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# Swinging onto Stage for Anastasia

Photo: Courtesy Jeff Busby

by OSCAR SIMMONS

In musical theatre, there is a performer audiences rarely notice – yet without them, the show could not go on. Known as a “swing,” the role requires stepping into multiple parts at a moment’s notice.

For North Shore performer Manon Gunderson-Briggs, (pictured below) that unpredictability is all part of the job as she joins the cast of *Anastasia*.

Manon grew up in Northbridge, where she attended Glenaeon Rudolf Steiner School before studying at St Andrew’s Cathedral School.

Through their strong arts programmes, she discovered musical theatre, performing in productions of *Les Misérables* and *Beauty and the Beast*.

Holding a Bachelor of Music in musical theatre from the Australian Institute of Music and a Diploma of Musical Theatre from NIDA, Manon believes learning something new and improving one’s craft is always valuable. “There are many opportunities

around the North Shore – great amateur theatre companies and excellent teachers,” she says. “Know that what’s meant for you will not pass you by.”

She has since performed in productions ranging from independent shows at Hayes Theatre Company, most recently *Phar Lap: The Electro Swing Musical*, to larger productions including *Come From Away* and *Shrek The Musical*.

Manon recalls receiving the call to step into the lead role of Anya in *Anastasia* while out on a run—she is also a triathlete. “It’s any performer’s dream to play that part. I was incredibly excited.”

In *Anastasia*, Manon is a swing, covering multiple characters throughout

the production. “I’m essentially there if anything goes wrong,” she says. At any performance, she may be called on to cover a role at short notice, a responsibility she says comes with unique challenges. “You might have had a rehearsal, or you might not – you just have to make it work.”

The role’s unpredictability is why Manon has learned to become “friends with uncertainty.” “Learning to be at peace with what you can control and what you can’t,” she says. Roles such as Manon’s reflect the meticulous planning behind productions like *Anastasia*, ensuring the show can always continue. “That’s part of the magic of theatre,” she says.

*Anastasia* opens April 7 at the Sydney Lyric Theatre. Featuring iconic songs such as “Journey to the Past” and “Once Upon a December,” audiences can expect a visually stunning production, dazzling costumes, and standout performances from its talented cast.

Keep an eye out – you never know where the North Shore local might appear.



# From Turramurra to Tinseltown

by OSCAR SIMMONS

For some, life-altering decisions are mulled over and carefully considered. For Hannah Carman, her decision was instinctual, instilled in her from a young age. "I started taking local drama classes in Gordon when I was about eight or nine," she says. "Throughout school I was always involved in music and theatre."

Carman had been taking online classes with Jessica Orcsik, founder of the American Arts Film and Television Academy (AAFTA) in Los Angeles. It was during a call with Orcsik that she realised a sense of agency over her future. "It was the first time someone had asked me what I actually wanted to do instead of telling me what they thought I should do," Carman recalls. Orcsik encouraged her to consider the full-time program in the United States. "Once I realised that was a possibility, I made the decision. By the middle of Year 12 I knew I was going to move to LA."

After packing her bags and moving halfway across the world, Carman, at just 18, found herself alone among the glitz and glamour of Tinseltown. There she spent six months training at AAFTA, including intensive accent training. "I can turn it [an American accent] on and off whenever I want," Carman says, flawlessly switching

between accents mid-sentence.

Her time in LA led her to her first film, *The Five Stages*, a short written, produced and performed by Carman that screened internationally at film festivals and drew on her theatre experience on the North Shore.

Moving across the world comes with its challenges, as does working in a competitive industry. Carman says the experience has reshaped how she approaches her career. "When I left high school, I just wanted to act and sing," she reflects. Her advice to young creatives following a similar path is to "never be in a position where you're just waiting for the phone to ring - keep the ball rolling and create opportunities."

Now based in Vancouver, Carman has found a place within Canada's thriving independent scene, producing her own projects with the goal of starting her own production company.

For Carman, her Australian roots are never far away. Living abroad can be isolating and mean time away from family, but she says those experiences often shape her work. "With acting and filmmaking, you're always drawing on personal experience and putting parts of yourself into your work... no matter how hard or complicated."

## Braving the Cold for a Brighter Future : The 2026 Vinnies CEO Sleepout

As the winter chill begins to settle over the Upper North Shore, many of us are retreating to the comfort of heated homes and warm beds. Yet, for more than 122,000 Australians, a secure place to call home remains out of reach. From infants to seniors, homelessness is a national crisis that has grown by over 5 per cent in recent years - and our local community is not immune to these statistics.

On Thursday, 18 June, business and community leaders across the nation will once again swap their boardrooms for sleeping bags for the annual Vinnies CEO Sleepout. This vital initiative has raised nearly \$110 million since 2006, providing a lifeline of accommodation, food, and case management for those at risk.

However, the St Vincent de Paul Society notes that we need collective action. The Sleepout is an opportunity for those with influence to advocate for the fundamental human right of secure housing. By spending a night in the cold - be it in a car park, a stadium, or a local backyard.

Are you sleeping out for change?

At The Post, we want to highlight the local heroes in the Hornsby and Ku-ring-gai electorates who are stepping up for this cause. Whether you are a CEO of a major local firm, a small business owner, or a community leader organizing your own local sleepout, we want to hear from you.

Sharing your story helps inspire others, drives local donations, and shows that the Upper North Shore stands in solidarity with those experiencing homelessness.

If you are participating in the Vinnies CEO Sleepout, please let us know, email: [Editor@hkpost.com.au](mailto:Editor@hkpost.com.au)

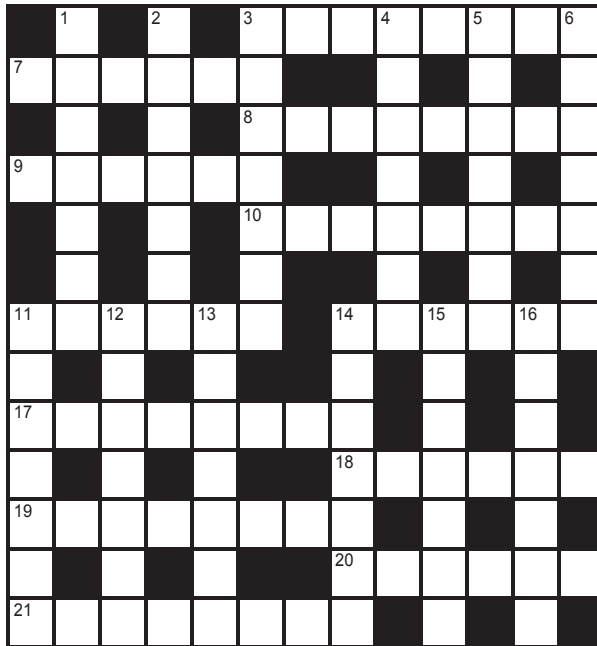


# Your Puzzles!

## GENERAL KNOWLEDGE CROSSWORD 728

### ACROSS

- 3 Which bugle call is sounded at Anzac Day functions (4,4)
- 7 What is another term for an indigene (6)
- 8 What is a gem cut in a long, rectangular shape (8)
- 9 Name the capital of Cuba (6)
- 10 Which term describes that which is common to the whole people of a country (8)
- 11 Which instrument is played by Andre Rieu (6)
- 14 When one entertains, one does what (6)
- 17 To be of an unsettled character is to be what (3,5)
- 18 Which grape is dried in the sun, or artificially (6)
- 19 What is a particular type of coffee (8)
- 20 Name a line drawn on a weather map (6)
- 21 To be adorned with pendent ornaments is to be what (US) (8)



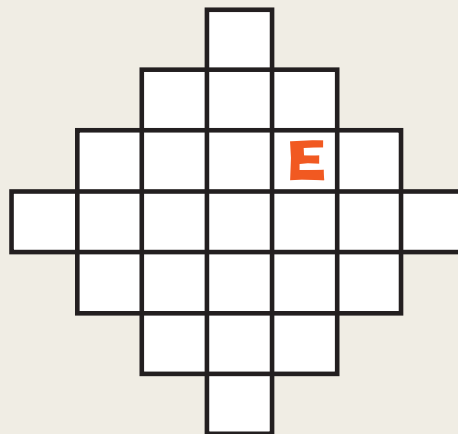
### DOWN

- 1 What is another name for Easter Island (4,3)
- 2 What is a strongly fortified place (7)
- 3 Beirut is the capital of which country (7)
- 4 Name the practice of travelling from place to place for pleasure (7)
- 5 What are excursions also known as (7)
- 6 What is a structure of latticework (7)
- 11 With which single word did van Gogh sign his paintings (7)
- 12 Which marine animal has eight bloodsucking arms (7)
- 13 If it's not in here, where else might it be (2,5)
- 14 What, in science fiction, is a robot made to resemble a human (7)
- 15 Name the twentieth letter of the Greek alphabet (7)
- 16 Which term describes that which relates to dealing with morals (7)

## E-EQUATIONS 039

Letters A to Z have a number value. Some are shown in the right-hand cells. Create remaining values using clues in centre cells.

A	L-E	
E	I-K	12
I	Z+A	
K	A×A	
L	O×A	
O	L÷A	
Z	K+K	18



## SUDOKU 029

	8							7
			5	2				3
		5	9		8			
					1			
				2		6		1
		7	8		6			
2			1		9	4	7	
9			6					1
	4							5

## QUICK THINK 029

Solve the crossword. Each answer has four letters.

### ACROSS

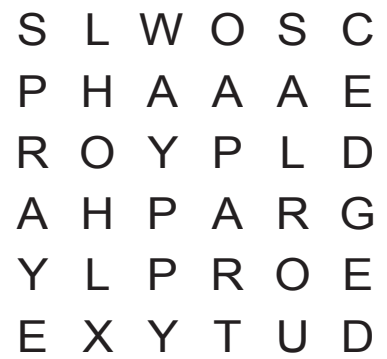
- 1 Detect
- 5 In person
- 6 Airy
- 7 Left

### DOWN

- 1 Snail-like
- 2 Water carrier
- 3 Kiln
- 4 Camping gear

1	2	3	4
5			
6			
7			

## MINI WORD FIND 029



Find the following words in the grid. They may be read in any direction, even diagonally. Some letters are used more than once.

- |              |              |             |              |
|--------------|--------------|-------------|--------------|
| <b>Apart</b> | <b>Edged</b> | <b>Law</b>  | <b>Shy</b>   |
| <b>Apple</b> | <b>Got</b>   | <b>Owls</b> | <b>Spray</b> |
| <b>Cap</b>   | <b>Graph</b> | <b>Pale</b> | <b>Way</b>   |
| <b>Duty</b>  | <b>Lap</b>   | <b>Pop</b>  |              |

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## BIYWORD 029

Build it yourself using the clues and each of the twenty-four letters once only to form ten words: five across and five down. A key word (bold clue) builds on the letter set in the grid.

### CLUES:

- Agave fibre (5)
- Australian dollar (3)
- Eager: keen as ... (7)
- Milking shed (5)
- Non-cleric (3)
- Relating to Mars (7)
- Tired (5)**
- Ventilated (5)
- Waterless (3)
- Wood-cutting tool (3)

A	D	M	S
A	D	N	T
A	I	R	U
A	I	R	W
A	L	R	Y
D	M	S	Y

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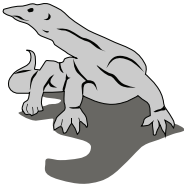
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